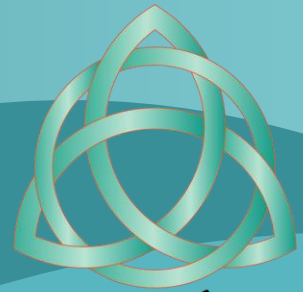


THE GIFT OF APPRECIATION



3D Living Center, LLC

DESIRE, DISCIPLINE
& DETERMINATION

One Minute Praise

How to say THANK YOU
with meaningful impact.

Present the information like you would deliver a highly valued gift.
You don't have to "gush", but you do need to be sincere and specific.

Prepare: You want the receiver's full attention.

Tell the person you want to give them feedback. It can be delivered in person, over the phone, via email or during a meeting. (this is the FUN feedback to deliver!)

Deliver:

1. Tell the receiver you want to thank them, and "here's why"
2. Describe the situation and their behavior
3. Tell how and why that behavior is valued.
 - a. Share the benefits to the team/organization
 - b. Tell them why it matters to you
4. Thank them again. Encourage them to continue the behavior.



One Minute of Appreciation is a conversation worth having